



# Pediatric Health History

Date \_\_\_\_\_

**Child's Name** \_\_\_\_\_  
**Date of Birth** \_\_\_\_\_  
**Child's Height** \_\_\_\_\_  
**Child's Weight** \_\_\_\_\_

**Sex**  
☐ Male ☐ Female

**Home Phone** \_\_\_\_\_ **Cell Phone** \_\_\_\_\_

**Address** \_\_\_\_\_

**Doctor's Name** \_\_\_\_\_

**Doctor's Address** \_\_\_\_\_

**Name of Previous Doctor of Chiropractic** \_\_\_\_\_

**Date of Last Visit** \_\_\_\_\_

**Names of Parents or Guardians** \_\_\_\_\_

I hereby authorize and consent to the chiropractic evaluation and care of my child.

**Parent or Guardian Signature** \_\_\_\_\_

What are your chief concerns, if any, with your child's health?

\_\_\_\_\_  
\_\_\_\_\_

What are your goals for care?

\_\_\_\_\_  
\_\_\_\_\_

List any other care your child has undergone with regards to this complaint including medication:

\_\_\_\_\_  
\_\_\_\_\_

Date of onset:  
(mm/dd/yyyy) \_\_\_\_\_

Onset was: (circle one)  
Sudden   Gradual   Associated with an event

Duration of problem or episode: (circle one)  
Minutes   Hours   Days   Months   Years

Pattern of problem: (circle one)  
Constant   Intermittent   Occasional   Cyclical

**Initiating Factors** \_\_\_\_\_

**Aggravating Factors** \_\_\_\_\_

**Relieving Factors** \_\_\_\_\_

How does the problem affect your child's body function and daily activities?

\_\_\_\_\_  
\_\_\_\_\_

**Prior occurrence or episodes?** \_\_\_\_\_

**Other health concerns?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## HISTORY OF BIRTH

CHILD'S NAME

Hospital / Birthing Center ☐ Home ☐ Medical ☐ Midwife Duration of Gestation \_\_\_\_\_ weeks

Was the birth assisted? ☐ Yes ☐ No If yes, how? ☐ Forceps ☐ Vacuum Extraction ☐ C-Section ☐ Induced

Were medications given to mother at birth? ☐ Yes ☐ No If yes, what? \_\_\_\_\_

Duration of Birth \_\_\_\_\_ Was the birth normal? ☐ Yes ☐ No  
If no, what complications were there at birth? \_\_\_\_\_

APGAR at Birth \_\_\_\_\_ APGAR after 5 minutes \_\_\_\_\_ Birth Weight \_\_\_\_\_ Height \_\_\_\_\_

## GROWTH AND DEVELOPMENT

Was the infant alert and responsive within 12 hours of delivery? ☐ Yes ☐ No  
If no, explain \_\_\_\_\_

At what age did the child: Respond to sound? \_\_\_\_\_ Follow an object? \_\_\_\_\_ Hold up head? \_\_\_\_\_  
Vocalize? \_\_\_\_\_ Sit alone? \_\_\_\_\_ Teethe? \_\_\_\_\_ Crawl? \_\_\_\_\_ Walk? \_\_\_\_\_  
Do his/her sleeping patterns seem normal? ☐ Yes ☐ No Explain \_\_\_\_\_

**Do the child's siblings have any health problems?** ☐ Yes ☐ No If yes, describe \_\_\_\_\_

*The following information is very important because many of the problems that chiropractors work with are caused by stressors.*

## CHEMICAL STRESSORS

During pregnancy, did mother: Smoke ☐ Yes ☐ No Drink alcohol? ☐ Yes ☐ No Take vitamins? ☐ yes ☐ No  
Take drugs? ☐ Yes ☐ No If yes, what? \_\_\_\_\_ Become ill? If so, how ☐ Yes ☐ No \_\_\_\_\_  
Receive ultrasounds? ☐ Yes ☐ No How many? \_\_\_\_\_ Receive invasive procedures (amniocentesis)? ☐ Yes ☐ No

Was your child breast fed? ☐ Yes ☐ No If yes, for how long? \_\_\_\_\_ weeks months years  
At what age was: First formula introduced? \_\_\_\_\_ Brand? \_\_\_\_\_ Cow's milk? \_\_\_\_\_ yrs Solid food? \_\_\_\_\_ mnth

**Did your child receive vaccinations?** ☐ Yes ☐ No If yes, which ones? \_\_\_\_\_  
Did your child react to them? ☐ Yes ☐ No Explain: \_\_\_\_\_

**Has your child had antibiotics?** ☐ Yes ☐ No If yes, how many courses so far & why? \_\_\_\_\_

**Any pets in the home?** ☐ Yes ☐ No Any smokers at home? ☐ Yes ☐ No If yes, how much? \_\_\_\_\_

## PSYCHOLOGICAL STRESSORS

**Does your child have any behavior problems?** ☐ Yes ☐ No Explain: \_\_\_\_\_

**Does your child have difficulties sleeping (night terrors, sleepwalking, etc.)?** ☐ Yes ☐ No  
If yes, explain \_\_\_\_\_

## TRAUMATIC STRESSORS

Any evidence of trauma during birth? ☐ Bruises ☐ Odd shaped head ☐ Stuck in birth canal ☐ Fast/long birth  
☐ Respiratory depression ☐ Cord around neck ☐ Other: \_\_\_\_\_

Any falls during pregnancy? ☐ Yes ☐ No Has the child had any major falls since birth? ☐ Yes ☐ No  
If yes, did the child require stitches or cause a fracture? Describe: \_\_\_\_\_

Any hospitalizations? ☐ Yes ☐ No Please explain: \_\_\_\_\_

**Does your child play sports?** ☐ Yes ☐ No Number of hours per week? \_\_\_\_\_ Age child began \_\_\_\_\_ yrs

**Weight of school backpack?** \_\_\_\_\_ lbs Approximate hours spent at play per week \_\_\_\_\_ hrs